

Long Term Care Ombudsman Program

Serving residents of long term care facilities in North Dakota

Background:

- The Long Term Care Ombudsman Program's mission is to serve as an advocate for people who are elderly and people with disabilities who reside in long term care facilities.
- The office of the North Dakota State Long Term Care Ombudsman has existed for over 25 years and is under the direction of the Aging Services Division of the N.D. Department of Human Services.

Ombudsman Role:

- **Advocates** for people who are elderly or who have disabilities and who live in long term care facilities
- **Receives, investigates, mediates, and resolves** complaints affecting residents of long term care facilities
- **Answers** questions and **provides** information and referral services
- **Educates** people about long term care issues, services, and options
- **Educates** residents and their families, and facility staff about residents' rights and self advocacy
- **Coordinates** efforts with other agencies and organizations concerned about residents in long term care facilities
- **Identifies** issues and problem areas and **recommends** changes in laws, rules, policies, and procedures

Serves:

People living in:

- Skilled Nursing Facilities (nursing homes)
- Basic Care Facilities
- Swing Bed Facilities
- Sub-Acute and Transitional Settings in Hospitals
- Assisted Living Facilities

Relatives and friends of people living in long term care facilities

Employees and administrators of long term care facilities

Regulatory and certification agencies, other agencies, and the **general public**

Problems An Ombudsman Typically Handles:

- **Problems related to the rights of residents of long term care facilities**
These rights relate to freedom from abuse, neglect, exploitation, and restraints; personal privacy, dignity and respect, visitors, admission policies, cost of care information, protection of funds, involvement in health care decisions, transfers and discharges, participation in groups and activities, filing grievances and complaints, and other matters.
- **Concerns about care or treatment provided**
These usually relate to admission, health services, drugs, food, patient funds, transfers, or discharge policies.
- **Requests for information**

N.D. Ombudsman Program Data

Fiscal Year 2004

Data relates to long term care nursing facilities, basic care facilities, and assisted living facilities

Number of licensed nursing facilities <i>Number of beds</i>	122 7,253
Number of basic care and assisted living facilities <i>Number of beds/units</i>	99 3,106
Number of verified complaints received by Ombudsman Program	845
Number of complainants	778
The majority of concerns dealt with systems and issues such as guardianship, power of attorney, wills, family conflict or interference, etc.	257

State Units On Aging Are Required To:

- Establish and operate a Long Term Care Ombudsman Program to investigate and resolve complaints on behalf of residents of long term care facilities
- Review and comment on federal, state, and local laws, regulations, and policies regarding long term care facilities
- Provide information to public agencies about issues and problems of people living in long term care facilities
- Establish a procedure to ensure confidentiality of information and files maintained by the Ombudsman Program



Another Resource:

ND Senior Info Line

1-800-451-8693

www.ndseniorinfo.com

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N.D. Dept. of Human Services

Aging Services Division

600 E Boulevard Avenue Dept 325

Bismarck, ND 58505

(701) 328-4601 / TTY (701) 328-3480

E-mail: dhsaging@state.nd.us

Contact An Ombudsman:

Helen L. Funk, LSW

State Long Term Care Ombudsman

600 E Boulevard, Dept. 325

Bismarck, ND 58505-0250

701-328-4617 or 1-800-451-8693

Serves **Bismarck** and these counties:

Burleigh, Emmons, Grant, Kidder, McLean,

Mercer, Morton, Oliver, Sheridan, and Sioux

Bryan Fredrickson, LSW

Regional Ombudsman

Southeast Human Service Center

2624 9th Ave. SW, Fargo, ND 58103-2350

701-298-4413 or 1-888-342-4900

Serves **Fargo** and **Jamestown** and these

counties: Barnes, Cass, Dickey, Foster,

Griggs, LaMoure, Logan, McIntosh, Ransom,

Richland, Sargent, Steele, Stutsman, Traill,

and Wells

Kim Locker Helten, LSW

Regional Ombudsman

Lake Region Human Service Center

200 Hwy 2 SW, Devils Lake, ND 58301

701-665-2269 or 1-888-607-8610

Serves residents of **Devils Lake** and **Grand**

Forks and these counties: Benson, Cavalier,

Eddy, Grand Forks, Nelson, Pembina,

Ramsey, Rolette, Towner, and Walsh

Niels Anderson, LSW

Regional Ombudsman

North Central Human Service Center

400 22nd Ave. NW, Minot, ND 58703

701-857-8500 or 1-888-470-6968

Serves **Minot** and **Williston** and these north

central and northwest region counties:

Bottineau, Burke, Divide, McHenry, McKenzie,

Mountrail, Pierce, Renville, Ward, and

Williams

Mark Jesser, LSW

Regional Ombudsman

Badlands Human Service Center

200 Pulver Hall, Dickinson, ND 58601

701-227-7557 or 1-888-227-7525

Serves **Dickinson** and these counties:

Adams, Billings, Bowman, Dunn, Golden

Valley, Hettinger, Slope, and Stark